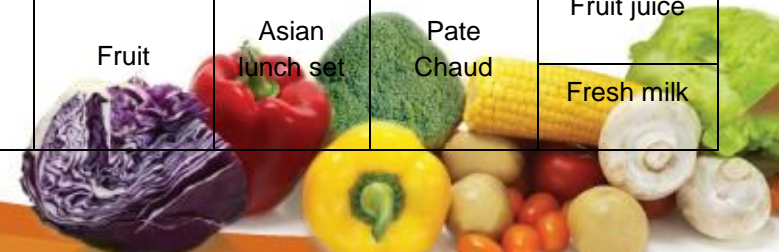


MENU FOR TERM 2 – DEC 2016



TUẦN	THỨ	NGÀY	BỮA NHÉ BUỔI SÁNG		BỮA TRƯA					BỮA NHÉ BUỔI CHIỀU		
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG			GHI CHÚ
7	HAI	05/12/2016	Dragon fruit	Fresh milk	Winter melon with shrimp broth	Stir fried Bok Choy	Roasted chicken thigh	Stir fried green bean with meat	Fruit	Asian lunch set	AFC crackers	Fruit juice
					Rice							Fresh milk
	BA	06/12/2016	Banana cake	Orange juice	Vegetables with beef broth	Mixed shrimp, pork with noodles	Braised pork with lemongrass	Stir fried shrimp with vegie	Fruit	Asian lunch set	Waffle	Fruit juice
					Rice							Fresh milk
	TU	07/12/2016	Grapes	Fresh milk	Vine spinach with shrimp broth	Mixed cabbage with mayonnaise	Grilled pork ribs with lemongrass	Braised pork with tofu	Fruit	Western lunch set	Bread with Char siu	Fruit juice
					Rice							Fresh milk
	NĂM	08/12/2016	Cornflakes	Yoghurt	Vegie with meat broth	Stir fried kohlrabi	Braised pork with sesame	Quail eggs with sweet and sour sauce	Fruit	Asian lunch set	Fried chicken balls	Fruit juice
					Rice							Yoghurt
	SÁU	09/12/2016	Water-melon	Apple juice		Local vegetables/Herbs	Pork pies noodles		Fruit	Asian lunch set	Pate Chaud	Fruit juice
												Fresh milk





TUẦN	THỨ	NGÀY	BỮA NHE BUỔI SÁNG		BỮA TRƯA						BỮA NHE BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
8	HAI	12/12/2016	Rice crackers	Fresh milk	Pumpkin with pork broth	Stir fried green gourd	Braised pork	Braised quail eggs in Chinese style	Fruit	Asian lunch set	Chicken and mushroom pizza	Fruit juice
					Rice							Fresh milk
	BA	13/12/2016	Water melon	Apple juice	Sauropus with shrimp broth	Lettuce, tomato	Rice with roasted chicken thigh		Fruit	Asian lunch set	AFC crackers	Caramel cream
					Fresh milk							
	TU'	14/12/2016	Cornflakes	Fresh milk	Lufa with shrimp broth	Stir fried vegie	Braised fish with turmeric	Stir fried pork with sweet and sour sauce	Fruit	Asian lunch set	Shook fruits	Fruit juice
					Rice							Fresh milk
	NĂM	15/12/2016	Banana	Orange juice	Bok Choy with meat broth	Stir fried Lufa	BBQ pork ribs	Fish balls with oyster sauce	Fruit	Western lunch set	Donut	Fruit juice
					Rice							Fresh milk
	SÁU	16/12/2016	Solite cake	Fresh milk	Rice	Local vegetables/Herbs	Braised beef		Fruit	Asian lunch set	3 flavors jelly	Fruit juice
												Fresh milk

