



## **MENU FOR TERM 4 – MAY 2016**

	DAY		MORNING SNACK									
WEEK		DATE			SOUP	VEGETABLE	MAIN COURSE 1	MAIN COURSE 2	DESSERT	NOTE	AFTERNOC	ON SNACK
	MON	02/05/ 2016	Rice crackers	Fresh milk	Sauropus with shrimp broth + rice	Boiled Bok Choy	Braised chicken	Stir fried vegie with beef	Tropical fresh fruit	Asian lunch set	Cookies with banana taste	Fresh milk
	TUE	03/05/ 2016	Bread with grilled sausage	Fruit juice	Pumpkin with meat broth + rice	Stir fried green bean	Fried chicken wings with fish sauce	Omelet	Tropical fresh fruit	Asian lunch set	Apple pie	Passion fruit juice
1	WED	04/05/ 2016	Water melon	Fresh milk		Local vegetables	Beef noodle	in Hue style	Tropical fresh fruit	Asian lunch set	Summer rolls	Yogurt
	THU	05/05/ 2016	Coconut bread	Fruit juice	Winter melon with shrimp broth + rice	Mixed salad	Pork ribs BBQ	Grilled potato with eggs	Tropical fresh fruit	Western lunch set	Samosa (chicken)	Fruit juice
	FRI	06/05/ 2016	Danish	Fresh milk	Vine spinach with meat broth + rice	Stir fried chayote	Braised tilapia with tomato sauce	Stir fried chicken with sweet and sour sauce	Tropical fresh fruit	Asian lunch set	Vegie pizza	Fresh milk





## **MENU FOR TERM 4 – MAY 2016**

	DAY		MORNING SNACK		LUNCH								
WEEK		DATE			SOUP	VEGETABLE	MAIN COURSE 1	MAIN COURSE 2	DESSERT	NOTE	AFTERNOO	N SNACK	
	MON	09/05/ 2016	Apple pie	Fresh milk	Winter melon with shrimp broth + rice	Stir fried cabbage	Braised pork in Chinese style	Roasted shrimp with salt	Tropical fresh fruit	Asian lunch set	Vanilla muffin	Passion fruit juice	
	TUE	10/05/ 2016	Croissant	Apple juice	Vine spinach with pork broth + rice	Grilled pumpkin	Beef with thyme sauce	Shrimp with vegie loaf	Tropical fresh fruit	Western lunch set	Dorayaky	Fresh milk	
2	WED	11/05/ 2016	Dragon fruit	Fresh milk	Sauropus with beef broth + rice	Boiled spinach	Braised chicken	Stir fried cauliflower in Chinese style	Tropical fresh fruit	Asian lunch set	Chicken and mushroom pizza	Fruit juice	
	THU	12/05/ 2016	Cookies	Yoghurt	Potato with pork broth + rice	Steamed zucchini, mayonnaise sauce	Grilled pork ribs	Fried eggs	Tropical fresh fruit	Western lunch set	Bread with dried pork	Fresh milk	
	FRI	13/05/ 2016	Watermelon	Fresh milk		Local vegetables	Chicken curry + bread		Tropical fresh fruit	Asian lunch set	Dumpling with meat and quail egg	Fruit juice	







	DAY					LUNCH							
WEEK		DATE	MORNING SNACK		SOUP	VEGETABLE	MAIN COURSE 1 MAIN COURSE 2		DESSERT	NOTE	AFTERNOO	N SNACK	
	MON	16/05/ 2016	Banana cake	Fresh milk	Amaranth with beef soup + rice	Stir fried Bok Choy	Fried chicken wings with fish sauce	Stir fried shrimp with tamarind sauce	Tropical fresh fruit	Asian lunch set	String Danish	Passion fruit juice	
3	TUE	17/05/ 2016	Dragon fruit	Fresh milk	Crown daisy with pork broth + rice	Vegie tempura	Spaghetti with minced shrimp sauce		Tropical fresh fruit	Western lunch set	Bread with char siu	Fresh milk	
	WED	18/05/ 2016	Cornflakes	Apple juice	Green gourd with shrimp broth + rice	Stir fried kohlrabi	Teriyaki chicken	Pork rolled in lolot	Tropical fresh fruit	Asian lunch set	Fried fish balls	Fruit juice	
	THU	19/05/ 2016	Water melon	Yoghurt	Cauliflower soup + rice	Lettuce	Beef burger		Tropical fresh fruit	Western lunch set	Vanilla muffin	Fresh milk	
	FRI	20/05/ 2016	AFC crackers	Fresh milk		Local vegetables	Noodles with pork loins, quail eggs, Chinese cruller		Tropical fresh fruit	Asian lunch set	Patechaud	Fruit juice	







DAY		MORNING SNACK									
	DATE			SOUP	VEGETABLE	MAIN COURSE 1	MAIN COURSE 2	DESSERT	NOTE	AFTERNOO	N SNACK
MON	23/05/ 2016	Rice cracker	Apple juice	Winter melon with shrimp broth + rice	Stir fried kohlrabi with shrimp	Braised fish	Shumai	Tropical fresh fruit	Asian lunch set	Samosa (pork)	Fresh milk
TUE	24/05/ 2016	Cornflakes	Fresh milk	Bok Choy with shrimp broth	Tomato, lettuce	Broken rice with grilled pork ribs and pork-pies		Tropical fresh fruit	Asian lunch set	Doughnut	Fruit juice
WED	25/05/ 2016	Dragon fruit	Fresh milk	Pumpkin with beef broth + rice	Cabbage salad with mayonnaise sauce	Grilled tilapia with butter	Stir fried shrimp with garlic	Tropical fresh fruit	Western lunch set	Bread with sausage	Home- made jelly
THU	26/05/ 2016	Salty cookies	Fruit juice	Vine spinach with meat broth + rice	Glory morning vegetable with sesame salad	Roasted chicken	Braised quail eggs in Chinese style	Tropical fresh fruit	Asian lunch set	Carrot cake	Passion fruit juice
FRI	27/05/ 2016	Banana	Fresh milk		Local vegetables	Noodles with pork ribs		Tropical fresh fruit	Asian lunch set	Vegie with beef soup	Yogurt
	MON TUE WED	MON 23/05/ 2016  TUE 24/05/ 2016  WED 25/05/ 2016  THU 26/05/ 2016  FRI 27/05/	MON         23/05/ 2016         Rice cracker           TUE         24/05/ 2016         Cornflakes           WED         25/05/ 2016         Dragon fruit           THU         26/05/ 2016         Salty cookies           FRI         27/05/         Banana	MON 23/05/ Rice cracker Apple juice  TUE 24/05/ 2016 Cornflakes Fresh milk  WED 25/05/ 2016 Dragon fruit Fresh milk  THU 26/05/ 2016 Salty cookies Fruit juice  FRI 27/05/ Banana Fresh milk	MON       23/05/2016       Rice cracker       Apple juice       Winter melon with shrimp broth + rice         TUE       24/05/2016       Cornflakes       Fresh milk       Bok Choy with shrimp broth         WED       25/05/2016       Dragon fruit milk       Fresh milk       Pumpkin with beef broth + rice         THU       26/05/2016       Salty cookies       Fruit juice       Vine spinach with meat broth + rice         FRI       27/05/       Banana       Fresh milk	MON       23/05/2016       Rice cracker       Apple juice       Winter melon with shrimp broth + rice       Stir fried kohlrabi with shrimp broth + rice         TUE       24/05/2016       Cornflakes       Fresh milk       Bok Choy with shrimp broth       Tomato, lettuce         WED       25/05/2016       Dragon fruit 2016       Fresh milk       Pumpkin with beef broth + rice       Cabbage salad with mayonnaise sauce         THU       26/05/2016       Salty cookies       Fruit juice       Vine spinach with meat broth + rice       Glory morning vegetable with sesame salad         FRI       27/05/       Banana       Fresh milk       Local vegetables	DAY     DATE     MORNING SNACK     SOUP     VEGETABLE     MAIN COURSE 1       MON     23/05/2016     Rice cracker     Apple juice     Winter melon with shrimp broth + rice     Stir fried kohlrabi with shrimp broth + rice     Braised fish       TUE     24/05/2016     Cornflakes     Fresh milk     Bok Choy with shrimp broth     Tomato, lettuce     Broken rice with grown of pork       WED     25/05/2016     Dragon fruit 25/05/2016     Fresh milk     Pumpkin with beef broth + rice     Cabbage salad with mayonnaise sauce     Grilled tilapia with butter       THU     26/05/2016     Salty cookies     Fruit juice     Vine spinach with meat broth + rice     Glory morning vegetable with sesame salad     Roasted chicken       FRI     27/05/     Banana     Fresh milk     Local vegetables     Noodles were tables	MON 23/05/ 2016 Rice cracker Apple juice Winter melon with shrimp broth + rice Shumai  TUE 24/05/ 2016 Cornflakes Fresh milk Bok Choy with shrimp broth  WED 25/05/ 2016 Dragon fruit 2016 Fresh milk Pumpkin with beef broth + rice sauce Shumaise sauce  THU 26/05/ 2016 Salty cookies juice Vine spinach with meat broth + rice Shumaise sauce Shumaise sauce Shumaise sauce Shumaise sauce Shumaise Shumais	DAY         DATE         MORNING SNACK         SOUP         VEGETABLE         MAIN COURSE 1         MAIN COURSE 2         DESSERT           MON         23/05/2016         Rice cracker         Apple juice         Winter melon with shrimp broth + rice         Stir fried kohlrabi with shrimp broth + rice         Braised fish         Shumai         Tropical fresh fruit           TUE         24/05/2016         Cornflakes         Fresh milk         Bok Choy with shrimp broth         Tomato, lettuce         Broken rice with grilled pork ribs and pork-pies         Tropical fresh fruit           WED         25/05/2016         Dragon fruit milk         Pumpkin with beef broth + rice         Cabbage salad with mayonnaise sauce         Grilled tilapia with butter         Stir fried shrimp with garlic         Tropical fresh fruit           THU         26/05/2016         Salty cookies         Fruit juice         Vine spinach with meat broth + rice         Glory morning vegetable with sesame salad         Roasted chicken         Braised quail eggs in Chinese style         Tropical fresh fruit           FRI         27/05/2016         Banana         Fresh milk         Local vegetables         Noodles with pork ribs         Tropical fresh fruit	DAY         DATE         MORNING SNACK         SOUP         VEGETABLE         MAIN COURSE 1         MAIN COURSE 2         DESSERT         NOTE           MON         23/05/2016         Rice cracker         Apple juice         Winter melon with shrimp broth + rice         Stir fried kohlrabi with shrimp broth + rice         Braised fish         Shumai         Tropical fresh fruit         Asian lunch set           TUE         24/05/2016         Cornflakes         Fresh milk         Bok Choy with shrimp broth         Tomato, lettuce broth - with mato, lettuce prother in milk beef broth + rice         Broken rice with grilled pork ribs and pork-pies         Tropical fresh fruit         Asian lunch set           WED         25/05/2016         Dragon fruit Presh milk         Fresh milk beef broth + rice with mayonnaise sauce         Grilled tilapia with butter         Stir fried shrimp with garlic         Tropical fresh fruit         Western lunch set           THU         26/05/2016         Salty cookies         Fruit juice         Vine spinach with meat broth + rice         Glory morning vegetable with seam salad         Roasted chicken         Braised quall eggs in Chinese style         Tropical fresh fruit         Asian lunch set           FRI         27/05/2016         Banana         Fresh milk         Local vegetables         Noodles with pork ribs         Tropical fresh fruit         Asian lunch fresh fruit	DAY         DATE         MORNING SNACK         SOUP         VEGETABLE         MAIN COURSE 1         MAIN COURSE 2         DESSERT         NOTE         AFTERNOO           MON         23/05/2016         Rice cracker         Apple juice         Winter melon with shrimp broth + rice         Stir fried kohlrabi with shrimp broth + rice         Braised fish         Shumai         Tropical fresh fruit         Asian lunch set         Samosa (pork)           TUE         24/05/2016         Cornflakes         Fresh milk         Bok Choy with shrimp broth         Tomato, lettuce broth - rice         Broken rice with grilled pork ribs and pork-pies         Tropical fresh fruit         Asian lunch set         Doughnut           WED         25/05/2016         Dragon fruit milk         Fresh milk         Cabbage salad with mayonnaise sauce         Stir fried shrimp with putter with garlic         Tropical fresh fruit         Western lunch set         Bread with sausage           THU         26/05/2016         Salty cookies         Fruit juice         Vine spinach with meat broth + rice         Roasted chicken         Braised quail eggs in Chinese style         Tropical fresh fruit set         Asian lunch set         Carrot cake           FRI         27/05/         Banana         Fresh milk         Local vengetables         Noodles with pork ribs         Tropical fresh fruit set         Asian lunch beef soun     <







	DAY		MORNING SNACK									
WEEK		DATE			SOUP	VEGETABLE	MAIN COURSE 1	MAIN COURSE 2	DESSERT	NOTE	AFTERNOO	N SNACK
	MON	30/05/ 2016	Papaya	Fresh milk	Bok Choy with meat broth + rice	Noodles mixed with shrimp in Korean style	Braised shrimp	Fried tofu with eggs in Korean style	Tropical fresh fruit	Asian lunch set	Crepe	Passion fruit juice
	TUE	31/05/ 2016	Croissant	Fruit juice	Amaranth with minced beef broth + rice	Boiled broccoli	BBQ chicken	Grilled pumpkin and ham	Tropical fresh fruit	Western lunch set	Milk bread	Yogurt
5	WED	01/06/ 2016	Bread with dried pork	Fruit juice	Green gourd with shrimp broth	Tomato, lettuce	Chicken rice in Hoian style	in Hoian style	Tropical fresh fruit	Asian lunch set	Banana cake	Fresh milk
	THU	02/06/ 2016	Grapes	Fresh milk	Lufa with pork broth + rice	Stir fried vegie with beef and mushroom	BBQ pork ribs in Korean style	Stir fried beef with tomato and pineapple	Tropical fresh fruit	Western lunch set	AFC crackers	Orange juice
	FRI	03/06/ 2016	Danish	Fresh milk		Local vegetables	Noodles and wonton with cha siu		Tropical fresh fruit	Asian lunch set	Dumpling with chicken	Apple juice