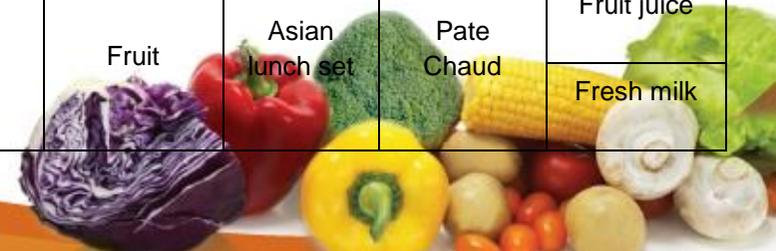




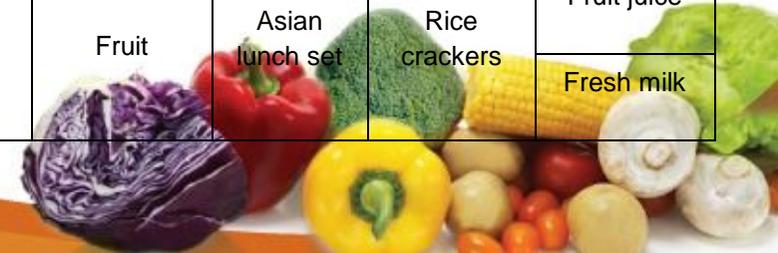
TUẦN	THỨ	NGÀY	BỮA NHÉ BUỔI SÁNG		BỮA TRƯA						BỮA NHÉ BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
4	MON	27/02/2017	Dragon fruit	Fresh milk	Winter melon with shrimp broth Rice	Stir fried Spinach	Roasted chicken thigh	Stir fried green bean with meat	Fruit	Asian lunch set	AFC crackers	Fruit juice Fresh milk
	TUE	28/02/2017	Cornflakes	Fresh milk	Vegetables with beef broth Rice	Stir fried chayote	Braised pork with lemongrass	Stir fried shrimp with broccoli	Fruit	Western + Asian lunch set	Waffle	Fruit juice Fresh milk
	WED	01/03/2017	Grapes	Fresh milk	Vine spinach with shrimp broth Rice	Mixed cabbage with mayonnaise	Grilled pork ribs with lemongrass	Stir fired fish with sweet and sour sauce	Fruit	Western + Asian lunch set	Coconut jelly	Fruit juice Fresh milk
	THU	02/03/2017	Banana and coconut cake	Orange juice	Vegie with meat broth Rice	Stir fried vegie	Braised pork with sesame	Quail eggs with oyster sauce	Fruit	Western + Asian lunch set	Fried chicken balls	Fruit juice Yoghurt
	FRI	03/03/2017	Watermelon	Fresh milk		Local vegetables/Herbs	Pork pies noodles		Fruit	Asian lunch set	Pate Chaud	Fruit juice Fresh milk



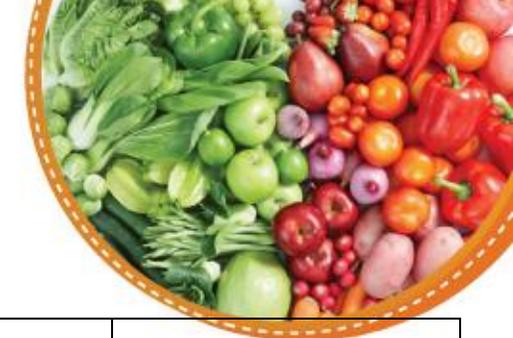
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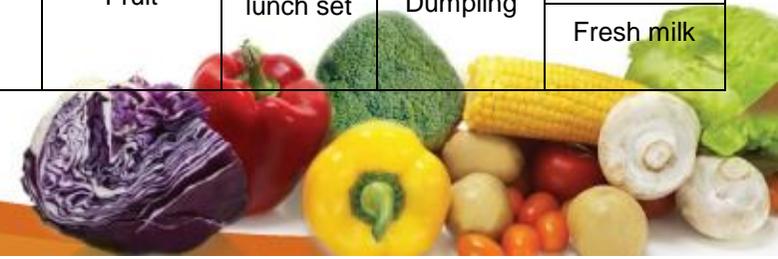
TUẦN	THỨ	NGÀY	BỮA NHE BUỔI SÁNG		BỮA TRƯA						BỮA NHE BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
5	MON	06/03/2017	Water melon	Fresh milk	Pumpkin with pork broth	Stir fried green gourd	Braised pork with eggs	Stir fried pork with cabbage	Fruit	Asian lunch set	Solite cake	Fruit juice
					Rice							Fresh milk
	TUE	07/03/2017	Rice crackers	Apple juice	Sauropus with shrimp broth	Lettuce, tomato	Broken rice with grilled pork ribs		Fruit	Asian lunch set	Stewed pork pizza	Caramel cream
					Fresh milk							
	WED	08/03/2017	Cornflakes	Fresh milk	Lufa with shrimp broth	Stir fried vegie	Braised fish with turmeric	Pork balls with oyster sauce	Fruit	Western + Asian lunch set	Cookies	Fruit juice
Rice					Fresh milk							
THU	09/03/2017	Banana	Yoghurt	Bok Choy with meat broth	Stir fried Lufa	Grilled chicken with lemon leaves	Stir fried penne with shrimp and pork	Fruit	Western + Asian lunch set	Donut	Fruit juice	
				Rice							Fresh milk	
FRI	10/03/2017	Croissant	Fresh milk		Local vegetables/Herbs	Rolled cake with pork pies		Fruit	Asian lunch set	Rice crackers	Fruit juice	
											Fresh milk	



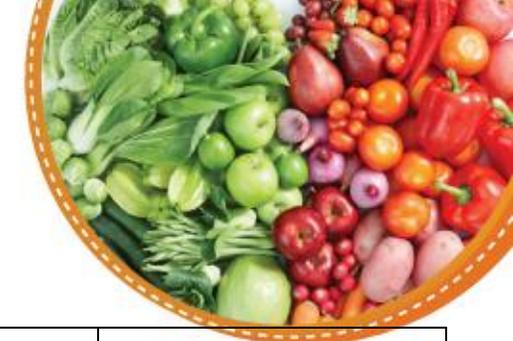
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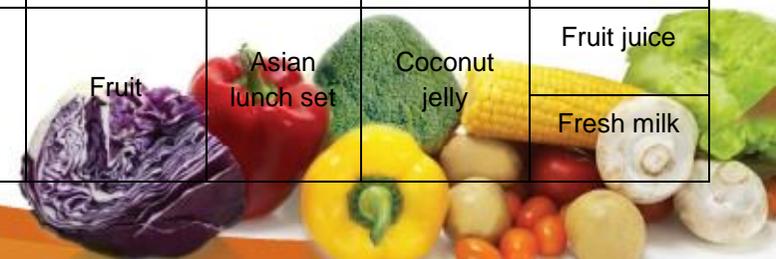
TUẦN	THỨ	NGÀY	BỮA NHÉ BUỔI SÁNG		BỮA TRƯA						BỮA NHÉ BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
6	MON	13/03/2017	Water melon	Fresh milk	Vine spinach with meat broth	Stir fried Napa cabbage	Braised pork	Braised quail eggs in Chinese style	Fruit	Asian lunch set	AFC crackers	Fruit juice
					Rice							Fresh milk
	TUE	14/03/2017	Danish	Fresh milk	Crown daisy with shrimp broth	Boiled spinach	BBQ chicken	Stir fried pork	Fruit	Western + Asian lunch set	Cookies	Fruit juice
					Rice							Fresh milk
	WED	15/03/2017	Grapes	Fresh milk	Turnip with shrimp broth	Boiled vegetables	Bolognese Spaghetti		Fruit	Western lunch set	Waffle	Yoghurt
					Rice							Fresh milk
THU	16/03/2017	Croissant	Fresh milk	Moringa with shrimp broth	Stir fired vegie with mushroom and meat	Braised basa fish in Chinese style	Shu mai	Fruit	Asian lunch set	Fried chicken balls	Fruit juice	
				Rice							Fresh milk	
FRI	17/03/2017	Papaya	Fresh milk	Rice	Local vegetables/ Herbs	Braised beef		Fruit	Asian lunch set	Chicken Dumpling	Fruit juice	
											Fresh milk	



MENU FOR TERM 3 – MAR 2017



TUẦN	THỨ	NGÀY	BỮA NHIỆ BUỔI SÁNG		BỮA TRƯA						BỮA NHIỆ BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
7	MON	20/03/2017	Rice crackers	Apple juice	Sauropus with beef broth	Boiled Bok Choy	Braised pork with shrimp	Fish balls with oyster sauce	Fruit	Asian lunch set	Butter cream cake	Fruit juice
					Rice							Fresh milk
	TUE	21/03/2017	Water-melon	Orange juice	Winter melon with shrimp broth	Stir fried green gourd	Roasted chicken	Omelet	Fruit	Western + Asian lunch set	Crepe with honey	Fruit juice
					Rice							Fresh milk
	WED	22/03/2017	Cornflakes	Yoghurt	Tofu with beef and tomato broth	Stir fried chayote	Grilled pork	Stir fried pork with vegie	Fruit	Western lunch set	Fried meat balls	Caramel cream
Rice					Fresh milk							
THU	23/03/2017	Cookies	Fresh milk	Vine spinach with meat broth	Stir fried vegie	Fried chicken	Stir fired shrimp with Lufa	Fruit	Asian lunch set	Stewed pork pizza	Fruit juice	
				Rice							Yoghurt	
FRI	24/03/2017	Banana	Apple juice	Rice	Herbs	Pork ragout		Fruit	Asian lunch set	Coconut jelly	Fruit juice	
											Fresh milk	





TUẦN	THỨ	NGÀY	BỮA NHE BUỔI SÁNG		BỮA TRƯA						BỮA NHE BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
8	MON	27/03/2017	Rice crackers	Fresh milk	Pumpkin with pork broth Rice	Stir fried Glory morning vegetables	Braised beef with lemongrass	Noodles mixed with shrimp and pork	Fruit	Asian lunch set	Rice crackers	Fruit juice Fresh milk
	TUE	28/03/2017	Dragon fruit	Apple juice	vegetables with meat broth	Grilled eggplant with soya sauce	Grilled pork loaf	Boiled eggs	Fruit	Asian lunch set	Pork samosa	Fruit juice Fresh milk
	WED	29/03/2017	Croissant	Fresh milk	Lufa with shrimp broth Rice	Tempura vegie	Stir fried noodles with chicken		Fruit	Western + Asian lunch set	Coconut bread	Fruit juice Fresh milk
	THU	30/03/2017	Water melon	Orange juice	Chayote with pork broth Rice	Stir fired cabbage	Roasted pork	Braised pork with kohlrabi	Fruit	Western + Asian lunch set	Dorayaky	Fruit juice Fresh milk
	FRI	31/03/2017	Cookies	Fresh milk		Local vegetables	Pork ribs noodles		Fruit	Asian lunch set	Butter cream cake	Fruit juice Fresh milk

