



TUẦN	THỨ	NGÀY	BỮA NHÉ BUỔI SÁNG		BỮA TRƯA						BỮA NHÉ BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
1	WED	03/05/2017	Cookies	Fresh milk	Lufa with shrimp broth	Mixed lettuce with fish sauce	Stir fried noodles with chicken		Fruit	Asian lunch set	Coconut bread	Fruit juice
					Rice							Fresh milk
	THU	04/05/2017	Water melon	Fresh milk	Tomato with beef broth	Mixed Bok Choy	Chicken with sweet sauce	Braised pork with carrot	Fruit	Western + Asian lunch set	Dorayaky	Fruit juice
					Rice							Fresh milk
	FRI	05/05/2017	Croissant	Fresh milk		Local vegetables/ Herbs	Noodles with pork		Fruit	Asian lunch set	Butter cream cake	Fruit juice
												Fresh milk

Vegetables and fruits in the Menu mainly come from organic gardens planted at Pegasus and SIS campus





KINDERWORLD
INTERNATIONAL
KINDERGARTEN

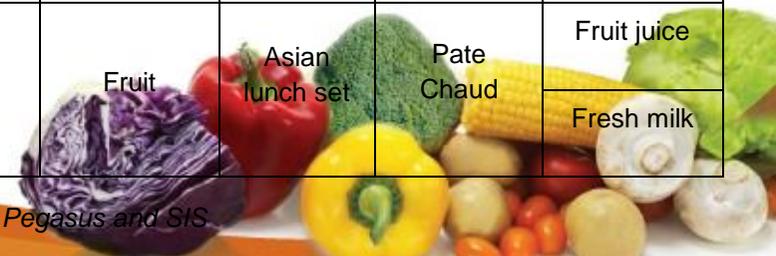
KINDERWORLD INTERNATIONAL KINDERGARTEN

MENU FOR TERM 4 – MAY 2017



TUẦN	THỨ	NGÀY	BỮA NHÉ BUỔI SÁNG		BỮA TRƯA						BỮA NHÉ BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
2	MON	08/05/2017	Dragon fruit	Fresh milk	Green gourd with shrimp broth	Mixed Glory morning vegetables with sesame	Grilled teriyaki chicken	Stir fired shrimp with vegie	Fruit	Asian lunch set	AFC crackers	Fruit juice
					Rice							Fresh milk
	TUE	09/05/2017	Cornflakes	Fresh milk	Sauropus with beef broth	Stir fried chayote	Braised pork with lemongrass	Fried eggs	Fruit	Western + Asian lunch set	Coconut jelly	Fruit juice
					Rice							Fresh milk
	WED	10/05/2017	Grapes	Fresh milk	Vine spinach with shrimp broth	Tempura sweet potato	Beef steak		Fruit	Western lunch set	Waffle	Fruit juice
					Rice							Fresh milk
	THU	11/05/2017	Banana and coconut cake	Orange juice	Centella with pork broth	Stir fried vegie	Sweet fried chicken	Stir fried penne with shrimp and pork	Fruit	Western + Asian lunch set	Bo bia	Fruit juice
					Rice							Yoghurt
	FRI	12/05/2017	Water melon	Fresh milk		Local vegetables/ Herbs	Noodles with pork and pork loaf		Fruit	Asian lunch set	Pate Chaud	Fruit juice
												Fresh milk

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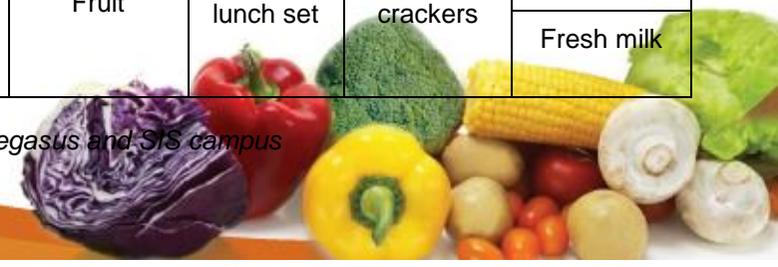


MENU FOR TERM 4 – MAY 2017



TUẦN	THỨ	NGÀY	BỮA NHÉ BUỔI SÁNG		BỮA TRƯA						BỮA NHÉ BUỔI CHIỀU	
					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
3	MON	15/05/2017	Water melon	Fresh milk	Winter melon with shrimp broth	Boiled Vegie	Braised pork with eggs	Stir fried shrimp with green bean and vermicelli	Fruit	Asian lunch set	Solite cake	Fruit juice
					Rice							Fresh milk
	TUE	16/05/2017	Rice crackers	Apple juice	Bok Choy with chicken broth	Tomato, cucumber, lettuce	Broken rice with grilled pork ribs		Fruit	Asian lunch set	Stewed pork pizza	Caramel cream
												Fresh milk
	WED	17/05/2017	Cornflakes	Fresh milk	Lufa with shrimp broth	Stir fried Bok Choy	Braised fish with turmeric	Pork balls with oyster sauce	Fruit	Asian + Western lunch set	Cookies	Fruit juice
					Rice							Fresh milk
	THU	18/05/2017	Banana	Yoghurt	Cabbage with meat broth	Stir fried vegie	Grilled chicken with lemon leaves	Braised pork with mushroom	Fruit	Asian + Western lunch set	Donut	Fruit juice
					Rice							Fresh milk
	FRI	19/05/2017	Croissant	Fresh milk	Rice	Herbs	Pork curry		Fruit	Asian lunch set	Rice crackers	Fruit juice
												Fresh milk

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					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG			GHI CHÚ
4	MON	22/05/2017	Water melon	Fresh milk	Vine spinach with shrimp broth Rice	Stir fried Lufa with onion	Braised fish	Braised pork with tofu and soya sauce	Fruit	Asian lunch set	AFC crackers	Fruit juice Fresh milk
	TUE	23/05/2017	Danish	Fresh milk	Crown daisy with meat broth Rice	Boiled green gourd	Braised pork with sesame	Stir fried Lufa with shrimp	Fruit	Asian lunch set	Cookies	Fruit juice Fresh milk
	WED	24/05/2017	Grapes	Fresh milk	Turnip with shrimp broth Rice	Fried potato	Spaghetti with chicken balls sauce		Fruit	Western lunch set	Waffle	Yoghurt Fresh milk
	THU	25/05/2017	Croissant	Fresh milk	Vegie with minced pork broth Rice	Stir fired Napa cabbage	Grilled basa fish	Omelet	Fruit	Western + Asian lunch set	Bo bia	Fruit juice Fresh milk
	FRI	26/05/2017	Papaya	Fresh milk		Local vegetables	Noodles with Char siu and wonton		Fruit	Asian lunch set	Chicken dumpling	Fruit juice Fresh milk





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					SÚP/CANH	RAU	MÓN CHÍNH 1	MÓN CHÍNH 2	TRÁNG MIỆNG	GHI CHÚ		
5	MON	29/05/2017	Rice crackers	Apple juice	Pumpkin with pork broth	Stir fried cabbage with oyster oil	Grilled chicken with honey	Quail eggs with oyster oil	Fruit	Western + Asian lunch set	Solite cake	Fruit juice
					Rice							Fresh milk
	TUE	30/05/2017	Water melon	Fresh milk	Chayote with pork broth	Mixed Bok Choy with sesame	Braised basa fish	Stir fried shrimp with broccoli	Fruit	Western + Asian lunch set	Crepe, honey	Fruit juice
					Rice							Fresh milk
	WED	31/05/2017	Cornflakes	Fresh milk	Bok Choy with shrimp broth	Russian salad	Beef burger		Fruit	Western lunch set	Fried pork balls	Caramel cream
					Rice							Fresh milk
	THU	01/06/2017	Banana	Fresh milk	Amaranth with meat broth	Stir fried chayote	Fried fish	Stir fried pork	Fruit	Western + Asian lunch set	Stewed pork pizza	Fruit juice
					Rice							Fresh milk
	FRI	02/06/2017	Cookies	Apple juice		Local vegetables	Beef "Pho"		Fruit	Asian lunch set	Café jelly	Fruit juice
												Fresh milk

