

MENU FOR TERM 2 – DEC 2017



WEEK	DAY	DATE	MORNING SNACK		LUNCH						AFTERNOON SNACK	
					SOUP	VEGETABLE	MAIN COURSE 1	MAIN COURSE 2	DESSERT	NOTE		
7	MON	04/12/2017	Water melon	Fresh milk	Vine spinach with pork broth	Boiled vegie	Char siu	Shu mai with tomato sauce	Fruit	Asian + Western lunch set	Rice crackers (salty)	Fruit juice
					Rice							Fresh milk
	TUE	05/12/2017	Strawberry Danish	Fresh milk	Green gourd with shrimp broth	Stir fried Napa cabbage	Grilled chicken	Fried fish loaf with oyster oil	Fruit	Asian + Western lunch set	Chocolate crackers	Fruit juice
					Rice							Fresh milk
	WED	06/12/2017	Dragon fruit	Fresh milk	Turnip with pork broth	Tempura sweet potato	Beef steak		Fruit	Western lunch set	Pork balls tempura	Fruit juice
Rice					Fresh milk							
THU	07/12/2017	Chocolate croissant	Fresh milk	Bok Choy with shrimp broth	Mixed morning glory vegetables	Mackerel with tomato sauce	Stir fried penne with shrimp	Fruit	Asian + Western lunch set	3 flavor jelly	Fruit juice	
				Rice							Fresh milk	
FRI	08/12/2017	Bread with dried pork	Apple juice		Herbs	Noodles with wonton and char siu		Fruit	Asian lunch set	Ham pizza	Fruit juice	
											Fresh milk	





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					SOUP	VEGETABLE	MAIN COURSE 1	MAIN COURSE 2	DESSERT	NOTE		
8	MON	11/12/2017	Papaya	Apple juice	Sauropus with pork broth	Mixed morning glory vegetables	Pork belly with pineapple sauce	Pad Thai	Fruit	Asian + Western lunch set	Cheese wafer	Fruit juice
					Rice							Fresh milk
	TUE	13/12/2017	Raisin Danish	Fresh milk	Winter melon with shrimp broth	Stir fried Bok Choy	Grilled pork	Quail eggs with oyster oil	Fruit	Asian + Western lunch set	Butter cream cake	Fruit juice
					Rice							Fresh milk
	WED	14/12/2017	Grapes	Fresh milk	Buffet				Fruit	Western lunch set	Donut	Fruit juice
	THU	15/12/2017	Chocolate croissant	Fresh milk	Amaranth with pork broth	Stir fried chayote	Crunchy shrimp	Braised pork loaf with onion	Fruit	Asian + Western lunch set	Rice crackers (salty)	Fruit juice
					Rice							Fresh milk
	FRI	16/12/2017	Cornflakes	Fresh milk	Vegie with shrimp broth	Local vegetables	Noodles with grilled pork and spring rolls		Fruit	Asian lunch set	Waffle	Fruit juice
												Fresh milk

