



WEEK	DAY	DATE	MORNING SNACK		LUNCH					AFTERNOON SNACK	
					WESTERN MAIN COURSE	SIDE DISHES	VEGETABLE	SOUP	DESSERT		
6	THU	01/12/2022	Dragon fruit	Fresh milk	Grilled pork with BBQ sauce	Mixed noodle with vegetable, meat & shrimp	Stir fried morning glory with garlic	Seaweed with shrimp broth	Fresh Fruit	Waffle	Fresh milk
							Rice				
	FRI	02/12/2022	Rice crackers	Yoghurt	Chicken mushroom roll with red wine sauce		Boiled cabbage	Bread	Fresh Fruit	Vietnamese pork samosa	Fresh milk
							Rice				

Vegetables and fruits in the Menu mainly come from organic gardens planted at Pegasus and SIS campus.

Menu may be changed due to market availability





WEEK	DAY	DATE	MORNING SNACK		LUNCH						AFTERNOON SNACK	
					WESTERN MAIN COURSE	SIDE DISHES	VEGETABLE	SOUP	DESSERT			
7	MON	05/12/2022	Cornflakes	Fresh milk	Crispy fish batter and Tartar sauce	Sautéed pork loaf with sweet & sour sauce	Grilled pumpkin	Malabar spinach with meat broth Rice	Fresh Fruit	Fresh fruit	Fresh milk	
	TUE	06/12/2022	Cream choux	Yoghurt	Grilled pork tenderloin with demiglass sauce	Chinese braised quail eggs	Boiled leaf mustard	Papaya with mince pork broth Rice/ Bread	Fresh Fruit	Salty cookies	Fresh milk	
	WED	07/12/2022	Pineapple cake	Fresh milk	Sausage hotdog		Potato wedge	Leaf mustard with shrimp broth Bread	Fresh Fruit	Fresh fruit	Fresh milk	
	THU	08/12/2022	Butter cream crackers	Apple juice	Stewed beef with red wine	Grilled tofu with BBQ sauce	Stir fried morning glory with garlic	Seaweed with shrimp broth Rice	Fresh Fruit	Chocolate tube cake	Fresh milk	
	FRI	9/12/2022	Egg yolk & oil sauce sponge cake	Fresh milk	Macaroni & pork ribs with vegetables		Boiled ground		Fresh Fruit	Dumpling	Fresh milk	

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KINDERWORLD INTERNATIONAL KINDERGARTEN

MENU FOR TERM 2 – DECEMBER 2022



WEEK	DAY	DATE	MORNING SNACK		LUNCH					AFTERNOON SNACK	
					WESTERN MAIN COURSE	SIDE DISHES	VEGETABLE	SOUP	DESSERT		
8	MON	12/12/2022	Rice crackers	Fresh milk	Roasted chicken with BBQ sauce & thyme leaves	Scramble eggs	Bake purple sweet potato	Chayote with shrimp broth Rice	Fresh Fruit	Fresh fruit	Fresh milk
	TUE	13/12/2022	Banana	Fresh milk	Grilled pork cutlet with honey and garlic	Stir fried noodles with mince pork & mushroom	Stir fried vegetable with onion	Malabar spinach with meat broth Rice	Fresh Fruit	Jam & butter toast	Fresh milk
	WED	14/12/2022	Cream choux	Fresh milk	Pasta with Bolognese sauce		Boiled vegetable Russian style	Leaf mustard with shrimp broth	Fresh Fruit	Strawberry sponge cake	Fresh milk
	THU	15/12/2022	Caramel carrot cake	Fresh milk	Grilled fish fillet with lemon cream sauce	Korean mince pork and vegetable pancake	Grilled pumpkin with Oregano	Seaweed with shrimp broth Rice	Fresh Fruit	Fresh fruit	Fresh milk
	FRI	16/12/2022	Watermelon	Apple juice	Chicken burger		Potato soup		Fresh Fruit	Papparoti cake	Fresh milk

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